

Happy Friday,

A busy week of Books, Children in Need, anti-bullying and the build up to Christmas!

Book Week Scotland

Book Week Scotland was a success this week.

There has been lots of book recommendations and book chat happening during the week. The Librarians gave their ideas at Monday's assemblies and each day there were a variety of suggestions from the adults in the school during the Mystery Reader quiz.

Drop Everything and Read (D.E.A.R) Time has happened daily, with the whole school reading at the same time. It was lovely to experience the calm and peacefulness that descended on the school when we were all reading.

P1 have all received their Bookbug Bags and P2 and 3 their Read Write Count Bags after enjoying them with their Buddies during the week.

The Librarians will judge the competition entries, which were completed in class, at their next meeting on Wednesday. Winners will be announced at a future assembly, with each one receiving a £5 Book Token.

Book Recommendations

We are often asked for recommendations for books by different authors. The Books for Topics Website has some excellent Reading for Pleasure book lists ([Booksfortopics: Reading for Pleasure](#)).

Particularly useful are the 'Branching out Booklists' which give ideas for different authors to try if your child likes a specific author e.g. If you like David Walliams try these... [BooksForTopics: Branching Out Booklists](#)

Article 12 - Right to have your opinion heard

On Monday the Learning Committee will be leading the assembly and talking about how the children can use their Pupil Voice. If you wish to understand Article 12 more and how this impacts your child please see the below link

<https://www.cypcs.org.uk/rights/uncrc/articles/article-12/>

PTA update:

📱 Lenzie Meadow PTA is now on instagram.

https://www.instagram.com/invites/contact/?i=1h6zdeanckn2k&utm_content=pz07kfg

🎄 Christmas Fayre stall holder information to be updated daily on Facebook and instagram from Monday.

✉ We need your help at the fayre and setting up for the fayre. If you can help, please email lenziemeadowpta@yahoo.co.uk

🎨 My Child's Art 10% discount code - LenzieMeadow, expires next Wednesday. Orders can still be made after this date.

👕 Next Friday is the PTA dress down day. Please bring a tombola prize to school (alcohol to be handed in at the office).

We are here to support

Over the last few months we have become more aware of the pressures that are building up for parents, not only with the aftermath of the pandemic but also the financial

pressures. This article is quite helpful and talks about the impact Covid has had but more importantly how you can look after yourself.

<https://www.healthline.com/health/parenting/covid-parent-burnout>

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[How to Cope With Parenting Burnout After 2 Years of COVID - Healthline](https://www.healthline.com/health/parenting/covid-parent-burnout)

While everyone's experience may look different, researchers have actually defined the concept of COVID-19-related parent burnout.. According to a 2020 research review, this state is "a chronic ...
www.healthline.com

A few reminders

It has been raised again that people are seeing other parents dropping off and parking within the school grounds. Once again can I remind you all that we do not have a drop off for primary school children and this includes the top car park. Nobody should be parking in the Nursery drop off and then going into the playground. We appreciate how frustrating this is but we do not have the space.

NUT FREE ZONE - please remember that we have some children with severe allergies. Please make sure you are not giving your child any snacks or packed lunch which include nuts.

At this time when money is tight there can be a feeling of pressure as school events and other organisations ask for donations and money for different things. Please get in touch and have a confidential chat with any member of the management team if you are struggling and we will see what we can do to support.

Opportunities for employment

During the Easter, Summer and October holidays East Dunbartonshire offers a Snack and Play scheme. They are looking to employ more staff for this. Please see the link below. This could be beneficial for anyone wanting to get into the childcare field, Senior Phase of High School pupils or anyone trying to get some experience or employment.
<https://www.myjobscotland.gov.uk/councils/east-dunbartonshire-council/jobs/snack-and-play-scheme-worker-305861>

Dates for the rest of term at this moment - See * for additions and times.

22nd November P7c Bikeability

24th November P7b Bikeability

*24th November - Potential teaching staff strike. School closed to pupils.

25th November - PTA Dress down day and bring a gift for the tombola

3rd December - PTA Christmas Fair

*1st December - Open Morning for August 2023 P1s

*5th December - P3bs assembly

5th December - EDC Christmas Concert for elected P7 children

7th December – Christmas lunch

* 7th December P1 Christmas Stay and Play and Sing. Doors open 9.15

* 8th December P2 and P3 Christmas nativity 9.45am and 1.45am

8th December - Christmas Jumper Day

9th December Nursery Christmas Event

*13th December - P4 Christmas music show - 9.30 start

14th December PTA Pantos

14th December - P4 Christmas Experience at Lenzie Union Parish Church

*15th December - visit from Santa and Rudolph on a bike.

15th December - Cinema event in the school in the evening for families

16th December - Christmas Parties

19th December Christmas Service

22nd December - school closes at 2.30pm

9th January - school reopens for term 3

Finally, we are delighted to advise that we raised a total of **£670** for Children in Need - thank you to everyone for your donations!

Have a good weekend,
Sheona